2019 NMA POCUS WORKSHOP Objectives

At the end of this program the participant will be able to:

- 1. Identify the basic mechanisms of ultrasound and the piezoelectric effect and ultrasound wave formation.
- 2. Discuss the benefits of using a phased or high frequency ultrasound probe compared to a low frequency probe.
- 3. Discuss image optimization techniques and how probe angulation affects beam scatter.
- 4. Define and reproduce the movements involve in ultrasound probe manipulation.
- 5. Demonstrate the best ergonomic approach to upper, lower extremity and truncal blocks and for lung, cardiac, and vascular access ultrasound.
- 6. Review the anatomy of the pertinent scanning regions of the body
- 7. Discuss role of ultrasound in determining cardiac status
- 8. Support why POCUS could be beneficial in resuscitating a patient
- 9. Recognize and describe the differences between a femoral block and an adduction canal block.
- 10. Defend the use of ultrasound in determining a the presence or absence of a pneumothoraces.